

Skin Rejuvenation Aftercare Advice

- Do not exfoliate treated area for 3-4 days post treatment as the area is more sensitive and needs time to heal.
- **Always protect your skin** by minimising sun exposure and by wearing a broad spectrum **30+ sunscreen everyday**.
- **If you change medications during your course of skin rejuvenation treatments, please let us know.**

MEDI LIGHT RECOMMENDS:

- **Vital Copper® Post Laser Lotion – available in-store**
Complex CU® Post-Laser Lotion was **specifically developed for tender skin after laser and light hair removal and skin rejuvenation**. This Post Laser Lotion provides skin with essential copper, which is clinically proven to be vital to wound healing. Copper is one of the most important micronutrients for tissue repair and is involved in several key functions of the skin: Vital to wound repair, stimulates collagen, improves skin elasticity and combats free radical and oxidative damage. Its light occlusive formula helps skin retain moisture without a greasy feel. It soothes and protects tender skin, is lightweight and perfect for camouflage under makeup.

Post Laser Lotion: Apply small amount twice daily to treated areas. Use for 3 to 5 days post treatment or until healing is complete.

- **30+ sunscreen – available in-store**
Protection on the treated area for the following two weeks post treatment is essential as your skin has been exposed to intense light and is more sensitive. Face and general 30+ sunscreen is available in-store.

Further information on Vital Copper®

Before copper was known to be present in living tissue, it had been used routinely in a number therapeutic forms because of its healing properties. Science has since shown that **copper is essential to skin health, tissue repair and other processes in the body. Copper plays a key role in the production of collagen and elastin, which determines the skin's firmness**. Realising the importance of copper to skin health, the Vital Copper® Skin Care introduces products formulated utilising patented GHK Copper Peptide Complex® to successfully deliver copper to the skin. Now you can experience radiant skin thanks to Vital Copper®.