

HAIR REDUCTION TREATMENT - AFTER CARE INFORMATION

- **Avoid direct exposure to the sun and UV light, including solariums, (to the treated area) for 2 weeks post treatment:** the area becomes sensitive and needs to heal, you can cause unwanted irritation, burns and permanent discolouration if you do not properly care for the treated area as instructed.
- **Do not exfoliate area** for 5 days post treatment due to increased sensitivity as described above.
- You may shave the treated area in between treatments, but try to keep shaving to a minimum. **Do not wax or pluck the hairs.** This ensures the amount of hair that is being treated are maximised.
- **Allow up to 4 weeks post treatment for the treated hairs to shed** from the follicle. The remaining hairs will be treated at your next appointment (if you can try not to shave during this time so you can see the treated hair fall out!)
- **Only have luke-warm showers for the 24 hours post treatment** (do not have hot showers and avoid heat).
- To assist with keeping appointments on time, **please arrive a couple of minutes early for your appointments;** as we are quite often heavily booked, if you do arrive late we may need to reschedule your appointment for another day.
- For your own comfort and to reduce unwanted side effects, **please ensure you have properly shaved** the treatment area prior to coming in for each appointment. In the instance that you have not shaven or that Medi Light are required to shave the treatment area, regrettably a **\$25 fee will apply** in addition to the scheduled treatment cost.
- **WE NEED TO KNOW** if you change medications or medical treatments during your course of hair reduction treatments, you will need to postpone treatments if you are on medication that causes sensitivity to the sun or stimulates hair growth.
- **The average number of treatments required is 8.** People undergoing treatments who have **dark** and/or **tanned skin**, and/or **hormonal hair** and/or **light hair usually require more** treatments. Facial hair requires on average 15 treatments. The target is a 70-90% reduction with annual "top up" treatments required to maintain the desired reduction
- **As a courtesy**, we send an **SMS 3 business days prior to your appointment to confirm** the time is still suitable for you. Please ensure that you **respond ASAP to ensure you do not forfeit your deposit.** We also recommend you store 3356 7299 into your mobile phone so you can see if you have had a missed call from Medi Light and for easy reference in the instance you do need to reschedule an appointment.
- **For your guarantee to be valid:** you are required to have a clear photo taken of the unshaven treatment area at the beginning of your first treatment (**for each treatment area**), undergo a minimum of 6 treatments over the entire area, within the recommended treatment schedule, follow all treatment advice given to you by Medi Light staff and clinic information given to you. If a reduction is visible from your initial photo/s, results have been achieved as guaranteed.
- You will require a minimum of one treatment per year to maintain a permanent reduction. Final Individual results vary.
- **6 treatments is the minimum number of treatments recommended**, you may require more treatments
- **FEMALE TREATMENT ADVICE:**
HORMONAL HAIR: It is **NOT ADVISABLE FOR FEMALE CLIENTS TO SHAVE FACIAL HAIR** regularly (avoid if possible other than for your treatment). Please speak with your technician for further advice.
BIKINI LINE TREATMENTS: For health and safety reasons, please schedule appointments around your cycle.

ESSENTIAL AFTER CARE / SKIN PROTECTION

Post Laser Lotion (available at reception \$39)

The Post Laser Lotion contains Vital Copper which has been **clinically proven to sooth treated areas, promote immediate healing solutions, decrease healing time as well as reduce any unwanted side effects**

USE: apply a small amount of the Post Laser Lotion to the treated area 2-3 times per day for up 5 days post each treatment.

IF YOU HAVE A STRONG REACTION TO YOUR TREATMENT OR EXPERIENCE IRRITATION:

Please call us immediately on 3356 7299. Along with aftercare advice, you may require the Hydrating Gel (\$39) to be used in addition to the Post Laser Lotion, also available at reception.

Broad-spectrum SPF 30+ Sunscreen containing Zinc and/or Titanium (available at reception)

Protection from harmful UV rays to the treated area for the following two weeks post treatment **is essential.** Your skin has been exposed to intense light and is more sensitive, it is vital you **cover up with an SPF 30+ Broad-spectrum Zinc or Titanium** based sunscreens, which offer the best protection for your skin.

RESERVATION POLICY

To secure appointments, a 30% deposit of the total treatment cost is required at the time of booking.

We require **2 BUSINESS DAYS NOTICE** to cancel or reschedule any appointment/s. In the instance that you do not turn up, reschedule or cancel any appointment for any reason (even if you have not confirmed the appointment) with less than 2 business days notice, you will forfeit your 30% deposit.